



# Join the SCHOOL FOOD REVOLUTION

serving  
THE FRESHEST  
LOCAL  
INGREDIENTS

feeding  
INQUISITIVE,  
INQUIRING  
MINDS

contact us  
FOR MORE  
INFORMATION

TWO WEEK MENU

SPRING/SUMMER 2022



## FEEDING THE FINEST FOOD TO THE NEXT GENERATION

**EXCITING CHILD-LED MENUS**

*with only the*

**FINEST, FRESH INGREDIENTS**

*all*

**GROWN AND LOCALLY SOURCED**

*where possible, with*

**LOW FOOD MILES**

*meaning a*

**LOWER CARBON FOOTPRINT!**

01392 873036

[schools@educatering.uk](mailto:schools@educatering.uk)

[www.educatering.uk](http://www.educatering.uk)

follow us



WEEK ONE	MONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAY				
	pick A MAIN				
	The Brunch, Sausage (14), Bacon with Hash Brown Bites and Beans or Peas	Breaded Fish (2,5) with Wedges and Salad	Roast Gammon, Roast Potatoes with 2 Fresh Vegetables and Gravy	Beef Ragu and Pasta (2) with Homemade Garlic Bread (2) and Sweetcorn	Chicken Breast Bites (2), Chips with Carrot and Cucumber Sticks
	pick A VEGETARIAN MAIN				
	5 Bean Enchilada (2,7), Wedges and Corn on the Cob	BBQ Pulled Jackfruit Burger (2) with Moroccan Vegetable Couscous (2)	Yorkshire Pudding Vegetable Cottage Pie (2,4,7), Roast Potatoes with 2 Fresh Vegetables and Gravy	Cauliflower Popcorn (2), Sweet Potato Wedges with Garlic Mayo (4) and Salad	Cheese and Bean Pasty (2,7), Chips with Carrot and Cucumber Sticks
	pick A JACKET POTATO				
	Cheese (7) / Beans / 5 Bean Chilli	Cheese (7) / Beans / Tuna Mayo (4,5)		Cheese (7) / Beans / Tuna Mayo (4,5)	
	pick A PUDDING				
	DESSERT 1 Fresh Fruit Platter DESSERT 2 Yoghurt (7)	DESSERT 1 Spiced Apple Shortbread (2) DESSERT 2 Fresh Fruit / Yoghurt (7)	DESSERT 1 Ice Lollie DESSERT 2 Fresh Fruit / Yoghurt (7)	DESSERT 1 Chocolate Flapjack(2) DESSERT 2 Fresh Fruit / Yoghurt (7)	DESSERT 1 Oaty Cookie(2) DESSERT 2 Fresh Fruit / Yoghurt (7)

WEEK TWO	MONDAYTUESDAYWEDNESDAYTHURSDAYFRIDAY				
	pick A MAIN				
	Cauli Mac n Cheese (2,7), Focaccia Bread (2) with Peas and Sweetcorn	Meatballs and Pasta (2,7) with Garlic Focaccia (2) and Salad	Roast Chicken with Fruity Stuffing (2), Roast Potatoes with 2 Fresh Vegetables and Gravy	Butchers Sausage (14), Veggie Mash with Peas and Gravy	Dartmoor Beef Burger (2), Chips with Carrot and Cucumber Sticks
	pick A VEGETARIAN MAIN				
	Halloumi Parmigiana Bake (7) with Focaccia Bread (2) Peas	Hand Stretched Margarita Pizza (2,7) with Wedges and Salad	Butternut Squash and Spinach Risotto with 2 Fresh Vegetables	Cheese and Sweet Tomato Quiche (2,4,7) with Saute Potatoes and Salad	Breaded Halloumi Straws (2,7), Chips with Carrot and Cucumber Sticks
	pick A JACKET POTATO				
	Cheese (7) / Beans / Tuna Mayo (4,5)	Cheese (7) / Beans / Tuna Mayo (4,5)		Cheese (7) / Beans / Tuna Mayo (4,5)	
	pick A PUDDING				
	DESSERT 1 Fresh Fruit Platter DESSERT 2 Yoghurt (7)	DESSERT 1 Carrot Cake Flapjack (2) DESSERT 2 Fresh Fruit / Yoghurt (7)	DESSERT 1 Ice Lollie DESSERT 2 Fresh Fruit / Yoghurt (7)	DESSERT 1 Blueberry and Lemon Shortbread (2) DESSERT 2 Fresh Fruit / Yoghurt (7)	DESSERT 1 Chocolate Cookie (2) DESSERT 2 Fresh Fruit / Yoghurt (7)



## ALLERGEN KEY

CELERY	1	MOLLUSC	8
CEREALS CONTAINING GLUTEN	2	MUSTARD	9
CRUSTACEANS	3	NUTS	10
EGGS	4	PEANUTS	11
FISH	5	SESAME SEEDS	12
LUPIN	6	SOYA	13
MILK	7	SULPHUR DIOXIDE	14

available  
DAILY

YOGHURT,  
FRESH FRUIT  
AND SALAD BAR