



## What do we know?

Know **how** to combine running and passing (at the same time).

We know **why** working in a team can help you in a competition.

Know **that** the power of a pass impacts the quality of it.



1. To use the ready position to catch effectively.

2. To move with the ball using the 3 step rule.

3. To prevent the ball from being passed by blocking and intercepting.

4. To use quick, effective passes to attack as a team.

5. To develop accurate passing and move into space in a game.

6. To follow the basic rules of handball in a game.



## Vocabulary

Turnover  
Double Dribble  
Intercept  
Counterattack  
Blocking

## Big Ideas

Invasion Games



## Forever Facts



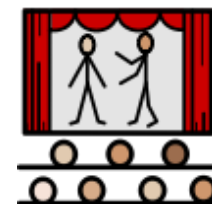
Know **how** to perform quick, effective passes to attack as a team.



Know **why** tactics will help you win a game.



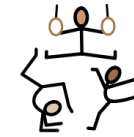
Know **the** basic rules of handball.



## Where will it go?

**Showcase**

**6 V 6 Handball Tournament**



## What do we know?

**Know how** to control our body when our weight is on our hands.

**Know why** core strength is important in gymnastics.

**Know what** symmetry is and how to create it.



1. To use controlled flight onto apparatus.

2. To know how to be a base and flyer in partner balances.

3. Perform partner balances and give feedback.

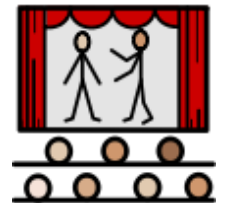
4. To use rhythmic gymnastics equipment (hoops/balls in sequence).

5. To incorporate music and timing into a group sequence.

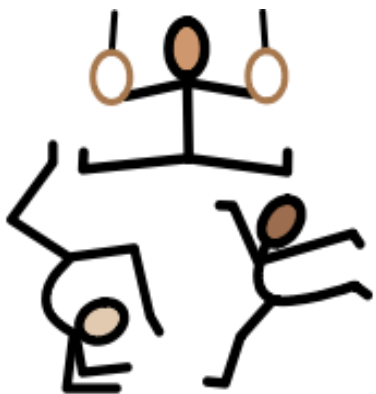
6. To combine skills and perform group performance to music.

## Vocabulary

Flight  
Vault  
Sequence  
Dismount  
Formation  
Rhythmic  
Musicality



## Big Idea Gymnastics



## Forever Facts



**Know how** to perform a partner balance.



**Know why** we need speed and height when vaulting.



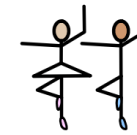
**Know that** musicality is a way to interpret and express music through our movements.

## Where will it go?

### Showcase

Group performance to music.





## What do we know?

Know **that** there are dances from different parts of the world and can name some.

Know **how** to perform a simple line dance.

Know **why** facial expressions impact our performance.



1. Perform a stag leap and rebound jump.

2. To explore relationships through dance and perform partner lifts.

3. To compose a dance phrase based on the Haka.

4. To choose and use suitable dynamics for the Haka.

5. To link freeze frames in a street dance to create a short movement phrase.

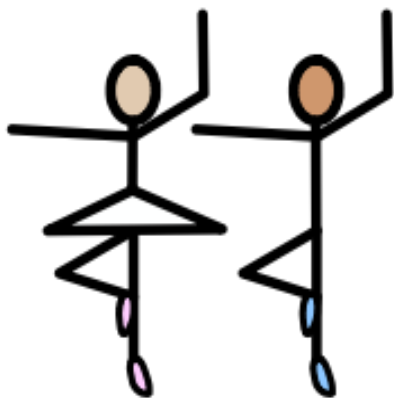
6. To perform a Top Rock and Slide Step and add to performance.

## Vocabulary



- Motif
- Street Dance
- Composition
- Collaborate
- Stag Leap
- Rebound
- Expression

## Big Idea Dance



## Forever Facts



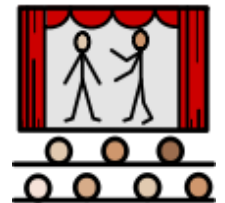
Know **how** to perform a Top Rock and Slide Step.



Know **why** adding imagination and flair to a dance can improve it.



Know **how** to take the lead and suggest ideas for reflection.



## Where will it go?

### Showcase

Perform a mini street dance routine.



## What do we know?

Know **how** to perform a forehand hit.

Know **why** our position on the tennis court is important.

We know **why** agility is important when sending and returning a ball.



1. Revisit the underarm forehand shot and learn the smash shot technique.

2. Use the smash shot in a doubles game.

3. Perform a drop shot.

4. Develop reaction time to previously taught shots.

5. Communicate effectively with a partner to ensure court positioning is correct.

6. Use defensive positions in a doubles game to prevent opponents from scoring points.



**Vocabulary**

Smash Shot  
Offensive  
Rally  
Drop Shot  
Reaction  
Time

## Big Ideas

Net/Wall Games

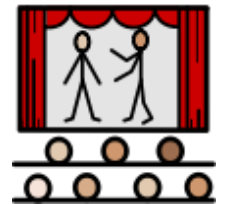


## Forever Facts

Know **how** to perform a forehand, backhand and overhead shots with confidence.

Know **that** communication is important when positioning during a doubles match.

Know **why** reaction time is important in helping us win a game.



## Where will it go?



### Showcase

Play a doubles game and showcase a variety of shots.



## What do we know?



1. To create pressure on a batter by setting a ring field.

2. To track and catch a high ball consistently.

3. To perform a short-pitched bowl to get the batter to hit the ball in the air.

4. To work in a pair to restrict runs scored when fielding.

5. To play an on-drive.

6. Compete in a cricket match. Lessons 1 -5 should be applied in this game.

Know **where** we could direct a bowled ball to gain more runs.

Know **how** to track and intercept the ball along the ground.

Know **that** we may be run out and accept it.

## Big Ideas

Striking and Fielding



## Forever Facts

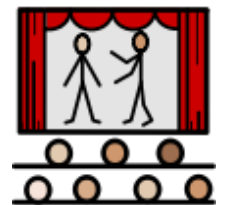
Know **how** to track and catch a high ball consistently.

Know **that** the direction of the ball can be changed by changing the movement of head and shoulders, towards the ball and send it in a different direction.

Know **why** a ring field is an effective tactic to score points.

## Vocabulary

- High ball
- Tracking
- Short delivery
- Long balls
- On drive
- Offside
- Short Leg



## Where will it go?

### Showcase



Compete in a cricket match.



## What do we know?



Know **the** scoring systems for athletic events.

Know **how** to sustain pace over a long distance.

Know **why**

1. To perform the sprint start running technique to increase our running speed.
2. Learn the 3 phases of the triple jump.

3. Explore jumping styles and decide which techniques we can jump furthest with.

5. Plan, resource and score Year 6 Sports Day.

6. Sports Day Practice.



**Vocabulary**  
 Triple Jump  
 Sprint Start  
 Record

## Big Idea Athletics



### Forever Facts

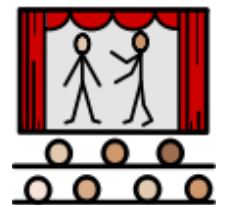
Know **how** to perform a sprint start.



Know **how** to perform the 3 phases of a triple jump.



Know **how** to organise an event.



**Where will it go?**  
**Showcase**  
 Sports Day



## What do we know?



To know **that** there are symbols on a map and explain what some represent.

To **know the** difference between a footpath and a bridleway.

To **know why** empathy is so important.

1. To research places of interest in and around South Molton.

2. To use a map to find places of interest in and around South Molton.

3. To plan and plot a walk for people in the local community.

4. To lead a walk for others in the local community.



**Vocabulary**  
Scale  
Symbol  
Compass  
Guides

## Big Idea

Outdoor Adventurous Activities



## Forever Facts

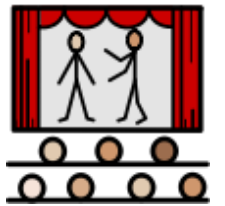
To **know how** to read a map of the local area.



To **know the** planning process required to organize an event.



To **know why** road safety is important when plotting a route for others.



## Where will it go?

### Showcase

To lead a walk for others in the local community.